

SENIORS WEEK

Cook Shire Council are proud of our local 65 and older community and the important role they play in our community. We would like to show our appreciation with a week of free events, just for our seniors!

MON

- **BOWLS CLUB LUNCHEON - Monday, August 20**

Cook Shire seniors are invited to a free two course lunch at the Cooktown Bowls Club from 12pm to 2.30pm. RSVP is essential, to Council's Events Officer by 12noon on August 17. Proudly organised by Cook Shire Council.

TUE

- **AQUA AEROBICS AND LUNCH - Tuesday, August 21**

All seniors are invited to free entry at the pool all week, as well as a free aqua aerobics session, followed by a free light lunch. From 11am to 12noon at the Cooktown Pool. Proudly organised by Cook Shire Council.

WED

- **JOHN HILL AT THE LIBRARY - Wednesday, August 22**

All seniors are invited to hear local author and historian John Hill's talk *Books In the Age of the Internet*, along with a display of local authors' works and local area books, followed by free morning tea. From 10.30am at the Cooktown Library. Proudly organised by Cook Shire Council.

THU

- **COMMUNITY CARE CRAFT - Thursday, August 23**

Cook Shire seniors are invited to join the Cooktown Community Care's Thursday craft afternoon, and enjoy a free afternoon tea. From 2pm to 4pm at the Cooktown Community Care Activity Room behind Sunbird Cottage. Proudly organised by Queensland Health's Cooktown Community Care Program.

FRI

- **SOVEREIGN MORNING TEA - Friday, August 24**

Cook Shire seniors are invited to a free morning tea, including complimentary tea and coffee. RSVP to the Sovereign Resort by Wednesday, August 22. From 10.30am to 12noon at the Sovereign Cafe Bar. Proudly organised by the Sovereign Resort Hotel.

